



# LITTLE SCHOLARS ACADEMY MENU WEEK #1



DAY	BREAKFAST 8:45 AM	LUNCH 11:30-11:45 PM	SNACK 2:45-3:15 PM
<b>MONDAY #1</b>	SCRAMBLED ORGANIC EGGS, WHOLE WHEAT TOAST, BANANAS, RAISINS, & 1% MILK	SPAGHETTI WITH TOMATO SAUCE, CHEESE, CUCUMBER & 1% MILK	ANIMAL CRACKERS, SLICED TILLAMOOK CHEDDAR, APPLES, & 1% MILK
<b>TUESDAY #2</b>	COTTAGE CHEESE, WHOLE WHEAT TOAST, PEACHES, PEARS, & 1% MILK	STIR FRY WITH ORGANIC BROWN RICE, CHICKEN, PEAS, CARROTS & 1% MILK	RITZ CRACKERS, STRING CHEESE, BANANAS, & 1% MILK
<b>WEDNESDAY #3</b>	WHOLE WHEAT FRENCH TOAST, APPLES, RAISINS & 1% MILK	GRILLED TILLAMOOK CHEESE WHOLE WHEAT SANDWICHES, PEAS, TOMATO & 1% MILK	GOLDFISH CRACKERS, TILLAMOOK CHEDDAR, RAISINS, PEACHES, PEARS, & 1% MILK
<b>THURSDAY #4</b>	KIX CEREAL (GENERAL MILLS BRAND), WHOLE WHEAT TOAST, PEACHES, PEARS & 1% MILK	HOMEMADE NOODLES N' CHEESE, ZUCCHINI, APPLES & 1% MILK	GRAHAM CRACKERS, STRING CHEESE, RAISINS, APPLES, & 1% MILK
<b>FRIDAY #5</b>	WHOLE WHEAT PANCAKES WITH BLUEBERRIES, BANANAS & 1% MILK	CHILI, TILLAMOOK CHEESE, CRACKERS, PEAS, CARROTS & 1% MILK	WHOLE WHEAT TOAST, SLICED TILLAMOOK CHEDDAR, BANANAS, & 1% MILK



# LITTLE SCHOLARS ACADEMY MENU WEEK #2



DAY	BREAKFAST 8:45 AM	LUNCH 11:30-11:45 PM	SNACK 2:45-3:15 PM
<b>MONDAY #6</b>	TILLAMOOK STRAWBERRY YOGURT, WHOLE WHEAT TOAST, RAISINS, BANANAS & 1% MILK	PASTA SHELLS IN MUSHROOM/CHEESE, CUCUMBERS, BROCCOLI & 1% MILK	ANIMAL CRACKERS, SLICED TILLAMOOK CHEDDAR, APPLES, & 1% MILK
<b>TUESDAY #7</b>	WHOLE WHEAT WAFFLES, PEACHES, PEARS, & 1% MILK	CHICKEN NOODLE SOUP, (CHICKEN BREAST ADDED) PEAS, CARROTS & 1% MILK	RITZ CRACKERS STRING CHEESE, BANANAS, & 1% MILK
<b>WEDNESDAY #8</b>	WHOLE WHEAT FRENCH TOAST, BANANAS, RAISINS & 1% MILK	TURKEY & TILLAMOOK CHEESE WHOLE WHEAT SANDWICHES, APPLES, CARROTS & 1% MILK	GOLDFISH CRACKERS, TILLAMOOK CHEDDAR, RAISINS, PEACHES, PEARS, & 1% MILK
<b>THURSDAY #9</b>	TOASTED OAT CEREAL (HOSPITALITY BRAND), WHOLE WHEAT TOAST PEACHES, PEARS & 1% MILK	CHICKEN & TILLAMOOK CHEESE QUESADILLAS, BROCCOLI, APPLES & 1% MILK	GRAHAM CRACKERS, STRING CHEESE, RAISINS, APPLES, & 1% MILK
<b>FRIDAY #10</b>	WHOLE WHEAT PANCAKES, BANANAS, RAISINS & 1% MILK	TACORONI BAKE (NOODLES, BLACK BEANS, CORN, TILLAMOOK CHEESE, TOMATO SAUCE), CUCUMBERS, GREEN BEANS & 1% MILK	WHOLE WHEAT TOAST, SLICED TILLAMOOK CHEDDAR, BANANA, & 1% MILK